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A defining feature of cognitive-behavioral therapy is the proposition that symptoms and dysfunctional behaviors are often cognitively mediated and, hence, improvement can be produced by modifying dysfunctional thinking and beliefs (Dobson & Dozois, 2001).

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analyses Andrew C. Butler<sup>a,\*</sup>, Jason E. Chapman<sup>b</sup>, Evan M. Forman<sup>c</sup>, Aaron T. Beck<sup>a</sup>  
<sup>a</sup>University of Pennsylvania and the Beck Institute for Cognitive Therapy and Research, United States  
<sup>b</sup>Medical University of South Carolina, United States

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DOI: 10.1016/J.CPR.2005.07.003  
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## Behavioral Therapy A

of meta-analyses.  
@article{Butler2006TheES, title={The empirical status of cognitive-behavioral therapy: a review of meta-analyses.}, author={A. C. Butler and Jason E Chapman and E. Forman and A. T. Beck}, journal={Clinical psychology review}, year={2006}, volume={26 1}, pages={ 17 ...

~~[PDF] The empirical status of cognitive-behavioral therapy ...~~

Abstract This article reviews the current state of empirical research on the purported "new wave" of cognitive behavioral therapy (CBT). A particular emphasis is given to mindfulness-based treatments and acceptance and commitment therapy (ACT).

~~The empirical status of the "new wave" of cognitive ...~~

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~~The empirical status of cognitive-~~

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analyses Clin Psychol Rev. 2006

Jan;26(1):17-31. doi:

10.1016/j.cpr.2005.07.003. Epub 2005

Sep 30. Authors Andrew C Butler 1 ,

Jason E Chapman, Evan M Forman,

Aaron T Beck. Affiliation 1 University of

...

~~The empirical status of cognitive-~~

~~behavioral therapy: a ...~~

(1992). The Empirical Status of the Laws  
of Emotion. Cognition and Emotion: Vol.  
6, No. 6, pp. 467-477.

~~The Empirical Status of the Laws of~~

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Synopsis This paper reviews the current  
state of empirical research on the  
purported “ new wave ” of CBT. A  
particular emphasis is given to mindfulness-

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based treatments and Acceptance and Commitment Therapy (ACT).

Mindfulness-based approaches and ACT are evaluated with regard to their efficacy and comparison to traditional CBT.

~~The Empirical Status of the “ New Wave ” of CBT – Europe PMC ...~~

The core idea of any therapy calling itself ‘ cognitive ’ is that people ’ s emotional reactions and behaviour are strongly influenced by cognitions(in other words, their thoughts, beliefs and interpretations about themselves or the situations in which they find themselves – fundamentally the meaning they give to the events of their lives).

~~Basic Theory, Development and Current Status of CBT~~

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Analyses. *Clinical Psychology Review*, 26, 17 - 30 . Google Scholar | Crossref | Medline | ISI

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This article reviews the current state of empirical research on the purported "new wave" of cognitive behavioral therapy (CBT). A particular emphasis is given to mindfulness-based treatments and ...

## ~~The Empirical Status of the "New Wave" of Cognitive ...~~

assess the empirical status of MBIs using methods similar to those that have been used to evaluate other psychotherapeutic approaches (e.g., cognitive-behavioral therapy; Butler et al., 2006). Specifically, we aimed to catalogue and summarize (1) effect size estimates, (2)

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~~Running head: EMPIRICAL STATUS OF MINDFULNESS The ...~~

The empirical status of cognitive-behavioral therapy: a review of meta-analyses. Clin Psychol Rev. 2006; 26(1):17-31 (ISSN: 0272-7358) Butler AC; Chapman JE; Forman EM; Beck AT. This review...

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Previous research has shown that cognitive-behavioral group therapy (group CBT) is an effective treatment for depression. However, the effectiveness of this approach in routine care needs more research. The current study retrospectively examines the outcomes of patients who received group CBT for depression at a psychiatric outpatient clinic between 2003 and 2013.

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~~Effectiveness of cognitive behavioral group therapy for ...~~

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The current review evaluates the status hypothesis, which states that that the desire for status is a fundamental motive. Status is defined as the respect, admiration, and voluntary deference individuals are afforded by others. It is distinct from related constructs such as power, financial success, and social belongingness. A review of diverse literatures lent support to the status hypothesis ...

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Summarized by the Ottawa Centre for Cognitive Therapy  
The Empirical status of Cognitive-Behavioral therapy: A review of meta-analyses. Butler, A.C., Chapman, J.E., Forman, E.M., & Beck, A.T. (2006). *Clinical Psychology Review*, 26 (1), 17-31.  
Cognitive Therapy (CBT) is one of the most researched forms of therapy.

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