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Even though I have read and wrote reviews for numerous Zen books, I had never read this one (Taking the Path of Zen by Robert Aitken) until recently. This is not a new book. It was published in 1982, but most of the advice is timeless. This book is organized into nine chapters. There is also a foreword written by Gary Snyder. Chapter one covers the fundamentals in the practice of Zen. Chapter ...

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